

# 15 Minute Tu B'Shevat Lesson Plan

Target grade level: Kindergarten/First Grade

Learning Objectives:            Students will learn about the holiday of Tu B'Shevat  
   Students will practice the Tu B'Shevat tradition of planting seeds

## Story: Thank You, Trees! (5 minutes)

- Objective: Students will learn about the holiday of Tu B'Shevat
- **TRANSITION to this activity: Stretch tall like a tree, sway like a tree**
- Introduce the holiday of Tu B'Shevat
  - Tu B'Shevat is the birthday, or new year, of the trees
  - Have students practice saying Tu B'Shevat. Start by saying it in a repeat-after-me-fashion
- Discussion questions:
  - What does Tu B'Shevat celebrate?
  - How do we celebrate Tu B'Shevat? What are some of the things we do during this holiday?
  - What good things do trees give us?
  - How can we help trees?

## Activity: Plant parsley seeds for Tu B'Shevat (10 minutes)

- Objective: Students will practice the Tu B'Shevat tradition of planting seeds
- Each student will receive an egg carton cup/paper cup/seed pot
- Children can decorate their cups with crayons, markers, stickers, or jewels (optional)
- Students will scoop the potting soil and put it into their cup
- Students will place a few parsley seeds in each of their cups
- Write child's name on cup with a sharpie
- A Tu B'Shevat poem will be sent home with each child

## Supplies:

- Egg carton cups/paper cups/seed pots for each student
- Parsley seeds
- Potting soil
- Plastic spoons
- Tu B'Shevat poems
- Sharpie
- Crayons (optional)
- Stickers (optional)
- Markers (optional)
- Jewels (optional)
- Tu B'Shevat Parsley in a Pot poem

## Books:

- **Thank You, Trees! By Gail Karwoski**

*With Love,  
Ima*