

One Mitzvah Lesson Plan

Target grade level: Kindergarten/First Grade

Learning Objectives: Students will review the concepts of tzedakah and mitzvah
 Students will perform the mitzvah of giving to the needy by creating mitzvah meal bags for homeless people

Tzedakah & Mitzvah Review + Song: One Mitzvah Leads to Another (10 minutes)

- Objective: Students will review the concepts of tzedakah and mitzvah
- Read the **Put it in the Pushke & One Mitzvah Leads to Another** book/poster
 - Have children say the words as it is read again so they will be prepared to sing the songs together
- Listen to the songs while going through the book again:
 - **Put it in the Pushke** (Sheldon Low and Rick Recht)
<https://sheldonlow.com/track/568582/put-it-in-the-pushke-the-tzedakah-box>
 - **One Mitzvah Leads to Another** (Susan Shane-Linder)
<https://www.youtube.com/watch?v=6A0icrY1YZ0>
- Review tzedakah: give money and/or assistance so all of the world's resources are shared justly
- Review mitzvah: conscious act of kindness, of a good deed
- Remind the children of our tzedakah/mitzvah activity for the day: Mitzvah Meal Bags for the Homeless
 - Questions:
 - How are creating these bags a mitzvah?
 - How are creating these bags practicing tzedakah?
 - How can these bags help others?

Activity: Mitzvah Meal Bags for the Homeless (15 minutes)

- Children in table room, but will be moving around the table assembly line style
- Objective: Students will perform the mitzvah of giving to the needy by creating mitzvah meal bags for homeless people
- Each child will receive a Ziploc bag and will move around the table placing one item of each in the bag. Repeat until all supplies are used. Divvy up bags so children take home an equal number of bags.

Supplies:

- **Put it in the Pushke & One Mitzvah Leads to Another** book/poster
- Ziploc bags (tzedakah money)
- Water bottles (tzedakah money)
- Meal bag items donated by the families

