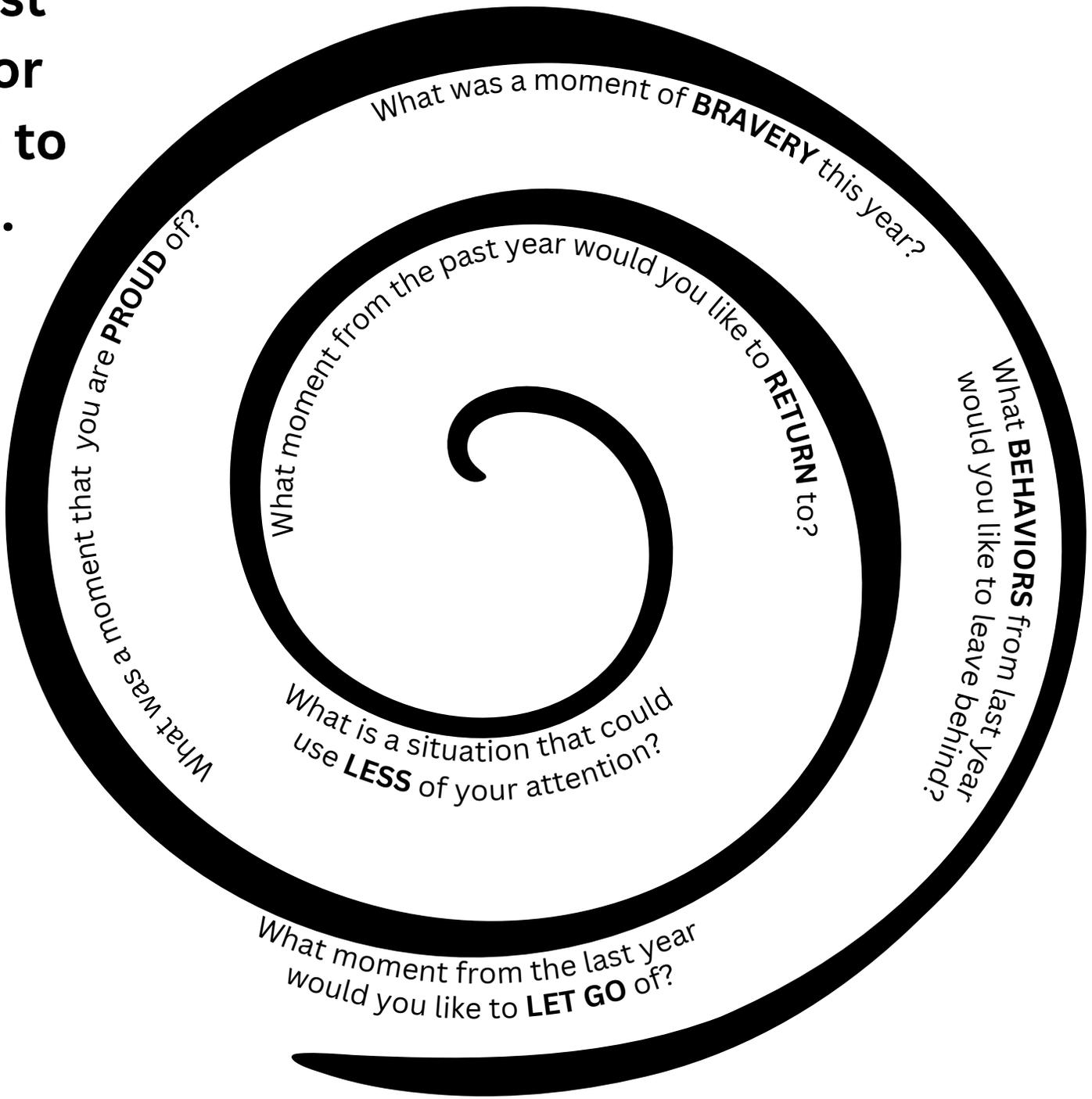


Think of this past year and write or draw a response to each question.



What was a moment that you are **PROUD** of?

What moment from the past year would you like to **RETURN** to?

What was a moment of **BRAVERY** this year?

What **BEHAVIORS** from last year would you like to leave behind?

What is a situation that could use **LESS** of your attention?

What moment from the last year would you like to **LET GO** of?