

## **Apples Dipped in Honey**

**May this be a good and sweet new year  
for you**

## **Carrot**

**May your blessings increase**

## **Gourd (pumpkin)**

**May your good deeds be recognized**

## **Fish Head or Head of Lettuce**

**May you act like a head, not a tail**

## **Beet**

**May all harm be removed**

## **Dates**

**May you see an end to negativity and  
adversity**

## **Leek**

**May you protected and see an end to  
negative influences**

## **Pomegranate**

**May you perform many mitzvot in  
the new year**

## **String Beans**

**May your opportunities increase**